

Curriculum Vitae

Dr. Manolis Tzanakis

Associate Professor in Sociology of Illness and Medical Institutions

Department of Sociology, University of Crete, Greece.

University Campus Rethymno

GR-74100 Rethymno, Greece

Tel. +302831077494

Email: tzanakism@uoc.gr

Web: http://sociology.soc.uoc.gr/?page_id=2570,

<https://crete.academia.edu/TzanakisManolis>

EDUCATION

- 2003: PhD Sociology, University of Crete, Department of Sociology.
- 1997: B.A. Sociology, University of Crete, Department of Sociology
- 1992: Diploma in Journalism, Laboratory of Professional Journalism of Athens.

RESEARCH FIELDS- INTERESTS

- Sociology of Mental Health.
- Sociology of Health and Illness.
- Sociology of the Body.
- Sociology of Sport and Leisure.
- Qualitative Methodology.
- Epistemology of Social Science.
- Health and Welfare Systems.

ACADEMIC CAREER

- **2020-present:** Associate Professor, Department of Sociology at the University of Crete.
- **2014-2020:** Assistant Professor, Department of Sociology at the University of Crete.
- **2009-2014:** Lecturer, Department of Sociology at University of Crete.
- **2006-2008:** Adjunct Lecturer, Department of Sociology at University of Crete.
- **2005-2006:** Adjunct Lecturer, Department of Social and Philosophical Studies, University of Crete.
- **2003-2005:** Adjunct Lecturer, Department of Social Work, Technical Educational Institute of Crete.

TEACHING EXPERIENCE

2005 – present, Department of Sociology at the University of Crete:

(a) Undergraduate courses and seminars.

- Collection and analysis of quality data in Sociology.
- Sociology of health and Illness.
- Sociology of mental health.
- Introduction to Sociology.
- Inclusion and narration.
- Special issues in sociological theory: Theories of individualization.
- Sociology of the body.
- Sociology of culture.
- Suicide in the French sociological tradition.
- Madness and cinema.
- Marcel Mauss' Sociology and Anthropology of.

(b) Postgraduate seminars.

- Biopolitical bodies and subjects.
- Special issues in the sociology of culture: social implications of the body, the health and the illness.

2016 – present: Hellenic Open University, Postgraduate Program “Sports Studies: Sociology, History, Anthropology (ASK)”. Postgraduate Seminars:

- Sociology and anthropology of sports (ASK51).
- Sociology and anthropology of the body and gender (ASK62)

1.10.2012-28.02.2013: Visiting Professor, CERMES 3 –Equipe CESAMES (Centre de Recherche Médecine, Sciences, Santé, Santé mentale, Société), Université Paris Descartes-CNRS.

2008 έως 1012. Department of Medicine, University of Crete, Postgraduate Program “Public Health and Health Services Management”:

- Organization of health services (co-teaching, unit teaching: “Introduction to the sociology of health and Illness”).
- Health Services Administration (co-teaching, unit teaching: “Culture, ideology and organization of health services”).

2008 έως 2010. Department of Medicine, University of Crete, Postgraduate Program of Medicine:

- Society and Health (co-teaching, unit teaching: “Sociology of health and Illness”).

2004-2005. University of Crete, Department of Philosophy and Social Studies. Teaching of undergraduate courses (as Adjunct Lecturer):

- Analysis of qualitative data in the social sciences.
- Qualitative Methods of Social Research.

2003-2005. Technological Educational Institute (TEI) of Crete, Department of Social Work. Teaching undergraduate courses (as Adjunct Lecturer).:

- Social planning and evaluation.
- Quality social research.
- Supervision of dissertations.

PHD SUPERVISION

1015-2020: Valasaki Maria, *Youth Parkinson: Embodied Experiences and Everyday Practices* (completion 2020).

2019 – present: Polychronopoulou Olga, *Social and Ideological Dimensions of Nursing Education in Greece. The Nursing School of Evangelismos (1950-1983)*.

2021 - present: Georgiadou Christina, *Subjects of Care and Self-Care: Refugees in Greece at the Beginning of the 21st Century*.

2021 - present: Damianakis Nikos, *Therapeutic Practices during the Period of Economic and Health Crisis in the Mental Health Structures of the Crete's Sector of Health*.

MEMBER OF SUPERVISION COMMITTEES

2009- present: Supervision of undergraduate and postgraduate dissertation:

- In the Department of Sociology, in the Department of Psychology and in the Department of Medicine of the University of Crete.
- In the Postgraduate Programs of the Hellenic Open University (a) “Management of Health Units”, and (b) “Sports Studies: Sociology, History, Anthropology (ASK)”.
- Member of the Doctoral Dissertation Supervision Committees of the Department of Sociology, University of Crete and Member of the Doctoral Dissertation Evaluation Committees.

ADMINISTRATION

- Scientific Responsible of the Internship Program of the Department of Sociology of the University of Crete from February 2017 until today and member of the Internship Committee of the Department of Sociology of the University of Crete, 2009-2016.

- Member of the Fitness Committee of the University of Crete 2010-2011.
- Member of the Undergraduate Studies Committee 2010-2017.
- Academic advisor for postgraduate students 2011-2021.
- Member of the Assembly of the Department of Sociology and participation in administrative committees of the Department of Sociology and of the School of Social Sciences of the University of Crete.

PUBLICATIONS

BOOKS

- Tzanakis, M. (2008). *Beyond of Asylum. The Community Psychiatry and the Question of Subject*. Athens: Synapseis (in Greek).
- Tzanakis, M. (2012). *Mental Ill and Modern Practices of the Self*. Athens: Pedio (in Greek).

EDITED VOLUMES

- Liodakis, A., Tzanakis, M. & Tsourtou B. (Eds.) (2007). *Art and Psychiatry*. Athens: EPEKEINA/Focus On Health (in Greek).
- Papastefanaki, L., Tzanakis, M. & Troubeta, S. (Eds.) (2013). *Exploring Social Relationships by Health Conditions and Diseases. The Social History of Medicine as a Research Field*. Rethymnon: Department of Sociology-University of Crete, (in Greek).
- Alexias, G., Tzanakis, M., Chatzouli, A. (Eds.) (2014). *The body under supervision. Ethical and political dimensions of medical technology and care*. Athens : Pedio, (in Greek).

JOURNAL PAPERS (selected)

- Fragkiadaki, E., Triliva, S., Natsopoulou, O. & Tzanakis, E. (2019). From Social Workers to Socio-therapists: The Transformative Journey of Substance Abuse Therapists, *Journal of Social Work Practice in the Addictions*, 20(2) : 89-104.
- Tzanakis, M., Valasaki, M., Moraitou, M., Kelemen, G., Gavrilă-Ardelean,

- M., Deloyer, J., Hanon, C., Hunstinx, N., Tournier, I., Vaseur-Bacle, S., Maes, C. & Fond-Harmant, L. (2019). Sociocultural and Organizational Dimensions of Mental Health Networks for Older Adults towards new Formations, *Agora psycho-pragmatica*, 13(1) : 55-63.
- Gavrilă-Ardelean, M., Kelemen, G., Ernens, I., Tournier, I., Hanon, C., Vaseur-Bacle, S., Deloyer J., Moraitou, M., Tzanakis, M., & Fond-Harmant, L. (2019). Statistical Situation of Mental Disorder of Elderly in Romania, *Agora psycho-pragmatica*, 13(1), 2019 : 263-270.
 - Tournier, I., Hanon, C., Vaseur-Bacle, S., Deloyer, J., Moraitou, M., Tzanakis, E., Gavrilă-Ardelean, M., Kelemen, G., Fond-Harmant, L. (2019). Mental health care networks in older adults: A narrative review, *Journal Plus Education*, 25(2):179-187.
 - Sools, An., Triliva, S., Fragkiadaki, Ev., Tzanakis, M. & Gkinopoulos, Th. (2018). The Greek Referendum Vote of 2015 as a Paradoxical Communicative Practice : A Narrative, Future-Making Approach, *Political Psychology*, 39(5): 1141-1156.
 - Kelemen, G., Gavrilă-Ardelean, M., Hanon, C., Vaseur-Bacle, S., Deloyer, J., Maes, C., Hunstinx, N., Moraitou, M., Tzanakis, M., Tournier, I. & Ernens, I. (2018). Social Work networks for the elderly with mental disorders – A comparative insight, *Journal plus Education*, XXI, Special issue : 456-462.
 - Tzanakis, M. (2016). La plongée sous-marine comme pratique de soi, *Loisir et Société / Society and Leisure* 39, (3) : 551-466. (in French)
 - Savvakis, M., Tzanakis M. & Alexias G. (2015). Breast Cancer in Contemporary Greece: Economic Dimensions and Socio-Psychological Effects, *The International Journal of Latest Trends in Finance and Economic Sciences*, 5(3): 933-940.
 - Alexias, G., Lavdas, M. & Tzanakis, M. (2015). “I do not allow myself to be harmed, it is a luxury; I have two children who need”: Remarks for planning an experiential research methodology in women who have undergone mastectomy due to breast cancer, *Italian Sociological Review*, 5 (1): 1-20.
 - Alexias, G., Tzanakis, M. & Savvakis, M. (2015). Biographic Strategies of Greek Women with Breast Cancer: From the “Injured” to the “Contributing” Body, *Sociology and Social Work*, 2(1): 90-97.
 - Tzanakis, M. (2014). Gérer son ‘soi souffrant’ : pédagogie d’autonomie et expérience psychiatrique, *Socio-logos*, <http://sociologos.revues.org/2872>.

- Savvakis, M. & Tzanakis, M. (2006). Biographical Disruption and Institutionalization: Constitutional and Narratives. Aspects of a Social Process, *Social Science Review*, 120: 37-64 (in Greek).
- Tzanakis, M. (2006). Techniques of the Body, Techniques of the Self: The Ethical Dimension of Chronic Illness, *Utopia*, 72: 67-80. (in Greek).
- Savvakis, M., Tzanakis, M. (2004). The Researcher, the Field and the Issue of Entry: Two Cases of Ethnographic Research Concerning Asylums in Greece, *Sociology Research on line*, 9(2).
- Serdedakis, N. Tsiolis G. Tzanakis, M. & Papaioannou, S. (2003). Strategies of Social Integration in the Biographies of Greek Female Immigrants coming from the Former Soviet Union. Self-employment as an alternative, *International Review of Sociology*, 13(1): 145-162.

CHAPTERS IN EDITED VOLUMES (selected)

- Tzanakis, M. (2021), Exploring aspects of the psychiatric experience in Greece: The reflective perspective of the sociologist, in Thanopoulou, M. & Zahou, Chr. (Eds.) *The Researcher and the Field. Mnemonic and Reflective Relics*, Athens, Papazisis, pp. 135-158 (in Greek).
- Flevari, K., Tzanakis, M. & Alexias, G. (2019), From the vision of deinstitutionalization to the management of psychosocial disability, in, Zisi, A. & Savvakis, M. (ed.), *Disability and Society. Contemporary theoretical challenges and research perspectives*, Thessaloniki, Tziola Publications, 2019, pp. 143-173 (in Greek).
- Tzanakis, M. (2018), Introduction, in Zafeiridis Ph, *On the causes and treatment of addictions. Answering the questions of the American addiction specialist William L. White*, Athens, Pedio, pp. 9-18 (in Greek).
- Gavrilă-Ardelean M., Tournier I., Hanon C., Vasseur-Bacle S., Deloyer J., Moraitou M., Tzanakis M., Kelemen G., Fond-Harmant L., “The Needs of Professionals in Mental Health Networks for the Elderly, in Romania”, In. Tomita M. (Eds), *Multidisciplinary Perspectives in the Quasi-Coercive Treatment of Offenders*, Bologna, Filodiritto International Proceedings, 2018, pp. 73-78.
- Tzanakis, M., Savvakis, M. and Alexias, G. (2016). Mastectomy and Voluntarism: From the Individualized Self to Solidarity Groups in Greek Women with Breast Cancer, in Wendell Armstrong (Ed.), *Breast Cancer: Risk*

Assessment, Treatment and New Developments, New York: Nova Science Publishers, pp. 51-88.

- Tzanakis M. (2015). Body and Self in Scuba Diving. In Zaimakis, G. & Fournaraki, E. (ed.), *Society and Sports in Greece. Sociological and historical approaches*, Athens: Alexandria Publications, pp. 203-223 (in Greek).
- Tzanakis, M. (2013). Towards a Social History of Greek Psychiatry: Contributions and Research Perspectives, in Papastavhenaki, L., Tzanakis, M. & Trumbetta, S. (eds.), *Exploring Social Relationships by Health Conditions and Diseases. The Social History of Medicine as a Research Field*, Rethymnon: Department of Sociology-University of Crete, pp. 116-137 (in Greek).
- Tzanakis, M. (2014). Self-Discipline and Self-Governance in the Post-Asylum Era of Greek Psychiatry”, in Alexias, G., Tzanakis, M. & Hatzouli, A., (eds.), *The body under supervision. Ethical and political dimensions of medical technology and care*. Athens: Pedio, pp. 335-363 (in Greek).
- Tzanakis, M. (2012). “Mental illness as a social experience”, in Economou X, Spyridakis, M. (eds.), *Sociological and anthropological approaches of health*, Athens: Sideris, pp. 237-263 (in Greek).
- Tzanakis, M. & Savvakis, M. (2007). “The Researcher’s Self as Source of Knowledge in Qualitative Research”, in Papaioannou, S. (Eds.), *Question of Theory and Method of Social Science*, Athens: Kritiki, pp. 120-138. (in Greek).
- Tzanakis, M. (2007). Transformation of Subjectivity in Every Day Life: The Psychiatric Reform in Greece as Undertaking of Subject’s Reconceptualisation, in Papaioannou, S. (Eds.), *Question of Theory and Method of Social Science*, Athens, Kritiki, pp. 120-138 (in Greek).
- Tzanakis, M. (2007), The problematic of feminization of Caring in community Type of Psychiatry Services, in Papageorgiou G. (Eds), *Gender Transformation*, Rethymnon: University of Crete, pp. 249-263 (in Greek).
- Savvakis, M. & Tzanakis, M. (2006). Community psychiatric services and restructuring of the welfare state, in Fragoulis, A., Nektarios, Th., Agazir-Sinanis, & Liodakis, A. (eds.) *Social enterprises in mental health*, Chania: EKKEINA / PEPSAEEEE / CEFEC, pp. 243-253 (in Greek).

CONFERENCE PRESENTATION (selected)

- Tzanakis, M. (2021). Breathing underwater. Technology and science as ideological mediators of the multisensory experiences in scuba diving, IFE/SUE/EKPA, Sciences, and Technology in Modern and Contemporary Greek History, 1821-2020, Athens, 9-10 September 2021 (in Greek).
- Tzanakis M., Moraitou M., « Dimension socioculturelles des réseaux », Journée scientifique ARPA-Ageing (Amélioration des réseaux de professionnels pour la santé mentale des personnes âgées en Europe), Hôpital Corentin-Celton, Centre Ressource Régional de Psychiatrie du sujet âgé, Issy-les-Moulineaux, Paris, 15 mars 2019.
- Moraitou M. & Tzanakis M., “Analyze Crozier of the professional networks: first results”, Improving the Network of Mental Health Professionals for the Elderly, Aurel Vlaicu University of Arad, Romania, 14 May 2019.
- Tournier I., Hanon C., Vasseur-Bacle S., Deloyer J., Maes Ch., Hustinx N., Moraitou M., Tzanakis M., Gravrila-Ardelean M., Kelemen G.a, Albert I., Kalf P., Hilger V., Périard I., & Fond-Harmant L., «Older adult’s mental health networks: first results of the ARPA ageing project regarding expectations and needs of health professionals», ‘Towards Capability in Ageing – from cell to society’, International Association of Gerontology and Geriatrics European Region Congress 2019, 23rd – 25th May 2019 in Gothenburg, Sweden.
- Tzanakis, M. (2019). Breathing underwater. The scuba diver's soundscape, 25th Hellenic Postgraduate Seminar-Conference for Doctoral Candidates and Young Researchers, Issues of the Methodology of Research in Social Sciences, Rethymno, University of Crete-Department of Sociology, Rethymno, Crete, Greece, November 8-10, 2019 (in Greek).
- Fragkiadaki E., Triliva S., Natsopoulou O. & Tzanakis M., “Processes of Biographization in Substance Abuse Treatment: The Experience and ‘professional transformations’ of 15 Social Workers working Drug Treatment Center”, ECQI 2hd European Congress of Qualitative Inquiry, 6-9 February, 2018, Leuven, Belgium.
- Tournier I., Hanon C., Vasseur-Bacle S., Deloyer J., Moraitou M., Tzanakis M., Gravrila-Ardelean M., Kelemen G., & Fond-Harmant L., « Mise en place d’une plateforme Internet visant à améliorer les réseaux de professionnels pour la santé mentale des personnes âgées : le projet européen ARPA »,

Citoyenneté et «Empowerment» en Santé Mentale. Innovations participatives en France et à l'international, 5èmes Journées internationales du Centre Collaborateur OMS de Lille, 29-30 mars 2018, Lille-Hellemmes.

- Critsotaki D., Delveroudi A., Tzanakis M., “Mental illness in Greek Cinema, 1949-1980”, Madness, Mental Illness and Mind Doctors in 20th and 21st Century Popular Culture, University of Edinburgh, 3-4 May 2018.
- Valasaki M., Tzanakis M., Kelemen G., Gavrilă-Ardelean M. & Fond-Harmant L., “Researching the sociocultural dimensions of professional networks in mental health care (ARPA project)”, 2nd International Conference in Contemporary Social Sciences, 2nd ICCONSS CONFERENCE, Public Policy at the Crossroads: Social Sciences Leading the Way?, June 14-16 2018, University of Crete, Rethymno.
- Triliva S., Gkinopoulos Th., Sools A., Fragkiadak E. & Tzanakis M., “Navigating into the future in the face of uncertainty vis-à-vis Greek identity: Narratives from the future written prior to the referendum vote of 2015”, The ABCs of Narratives, 2-5 July 2018, Grolsch Vest, Enschede, Netherlands.
- Tzanakis, M. “For a history and sociology of scuba diving in Greece (1952-2006)”, 24th Hellenic Postgraduate Seminar-Conference for Doctoral Candidates and Young Researchers, Issues of the Methodology of Research in Social Sciences, Rethymno, University of Crete-Department of Sociology, Rethymno, Crete, Greece November 2-4, 2018 (in Greek).
- Tzanakis M., Moraitou M., Clark H., Deloyer J., Gavrilă M., Hanon C., Hustinx N., Kelemen G., Maes C., Tournier I., Vasseur-Baclet S., Fond-Harmant L. «Social and Cultural Parameters of the Development of Professional Care Networks of Elderly with Mental Disorders», 7th Panhellenic Conference on Social Welfare Units Ep'Arogi: Trends in Social Protection, Xania 12-13.08.2017.
- Sools A., Triliva S., Fragiadaki E. & Tzanakis M., “Responding to the Double Bind Posed by the Greek Referendum: Letters from the Future”, Narrative matters conference, University Twente, Victoria, Canada, June 2016.
- Triliva S., Sools A., Hadjiosif M. & Tzanakis M., “Finding refuge in the future vis-à-vis the Greek Referendum vote”, 1st International Conference in Contemporary Social Sciences, Crisis and the Social Sciences: New Challenges and Perspectives, Rethymno, 10 – 12.06.2016.
- Triliva S., Tzanakis M. & Katostari K., “The unbridgeable chasm between the

social world and the ‘spoiled’ self in narratives of people with a history of involuntary commitment in psychiatric facilities in Greece”, 6th Qualitative Research on Mental Health Conference. Towards Relational Perspectives in Mental Health Research, Xania, 25-27.05.2016.

- Tinios P., Tzanakis M., “Vieillissement, représentations sociales et sécurité sociale en Grèce: comparaison des approches 1920-2010” , Communication au Colloque international et pluridisciplinaire FRAMAG, *Vieillissement(s): entre sciences et politiques*, Luxembourg, 12-13.03.2015.
- Tzanakis M., “Vivre ‘dans’ la communauté. La réforme des pratiques thérapeutiques en Grèce et le projet d’une pédagogie d’autonomie des malades mentaux », présentation à la Conférence Européenne, *Logement et handicap psychique. Expériences européennes et recommandations*, Ministère des Affaires Sociales et de la Santé, Paris, 17.11.2014.
- Tzanakis M., «Gérer sa psychose. Intervention psychiatrique et maîtrise de soi», Colloque International: Nouveaux troubles et pathologies émergentes en santé et santé mentale : quels objets, quelles méthodes, quels concepts pour les sciences sociales?, Paris, CERMES 3/CNRS - Université Paris Descartes, 30-31.01.2013.

PARTICIPATION IN RESEARCH PROJECTS (selected)

- **2012-2015:** Participation in research project as associate researcher: *Inequalities in Mental Distress: Social conditions, agents and professional ideologies in contemporary Greece* (InMED/1678, Aegean University).
- **2012-2015:** Participation as main researcher in project: *Research Interdisciplinary the Significances links in Aging Societies* (ICILAS/MIS 380266, Panteion University of Athens).
- **2016 to 2019:** Coordinator of the University of Crete Team of Erasmus+ project ARPA: *Improving Professional’s Care Networks of the Elderly with Mental Disorders in Europe*. Coordinateur Institution : Luxembourg Institute of Health (2016-1-LT01-KA204-013827).

ORGANISATION OF CONFERENCES

- Member of the Organizing Committee of the 2nd International Conference in Contemporary Social Sciences: Public Policy at the Crossroads: Social Sciences leading the Way? University of Crete, Faculty of Social, Economic and Political Sciences, Rethymnon, 10-12 June 2018.
- Member of the Organizing Committee of the 1st International Conference in Contemporary Social Sciences: Crisis and Social Sciences: New Challenges and Perspectives, University of Crete, Faculty of Social Sciences, Rethymnon, 10-12.06.2016.
- Member of the Scientific Committee of the 7th Panhellenic Congress of Mental Health Units, Rethymno, “House of Culture”, 3-5.10.2014.
- Member of the Scientific Committee of the Interdisciplinary Symposium on *The Absence of the Body in the Social Sciences, Art, Education and Health Sciences: Methodological Issues and New Perspectives*, Pedagogical Department of Preschool Education of the University of Crete, 22-24.06.2012.
- Member of the Scientific Committee of the Interdisciplinary Symposium on the Possibilities and Limits of Quality Techniques Based on Art: Expanding Prospects in Research Planning. Pedagogical Department of Preschool Education, University of Crete, 25-27.11. 2011.
- Vice-Chairman and member of the Organizing and Scientific Committee of the Panhellenic Congress of *Art and Psychiatry*, Institute of Research and Implementation of Mental Health Programs "Epekeina", Chania, 20-23.05.2010.
- Member of the Organizing Committee of the International Conference on “Ethics and Ideology. Durkheim and Durkenmiens for the Religion”, Department of Sociology, University of Crete, Rethymno, 9-11.12.2003.
- Member of the Organizing and Scientific Committee of the Hellenic Postgraduate Seminar-Conference for Doctoral Candidates and Young Researchers, *Issues of the Methodology of Research in Social Sciences*, Rethymno, Department of Sociology of the University of Crete: 10th: 25-28.10.2003, 11th: 27-29.11.2004, 12th: 18-21.11.2005, 13th: 1-4.12.2006, 14th: 23-26.11.2007, 15th: 3-6 October 2008, 16th: 30th.10–2.11.2009, 17th:

24-27.09.2010, 18th: 27-30.10.2011, 19th: 25-28.10.2012, 20th: 23-24.2013,
21st: 23-25.10.2015, 22nd: 21-23.10.2016, 23rd 21-23.10.2017.

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- Hellenic Sociological Society (HSS)
- Network for the History of Health
- Oral History Association (EPI)
- Panhellenic Association for Psychosocial Rehabilitation and Professional Reintegration (PEPSAEE)