#### **COURSE OUTLINE**

### (1) GENERAL

SCHOOL	Social Sciences			
ACADEMIC UNIT	Sociology			
LEVEL OF STUDIES	undergraduate			
COURSE CODE	YGAK 209		SEMESTER	5th and over
COURSE TITLE	Sociology of Mental Health			
INDEPENDENT TEACHING ACTIVITIES  if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits		WEEKLY TEACHING HOURS	G CREDITS	
			3	5
Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).				
COURSE TYPE general background, special background, specialised general knowledge,	Specialize	d knowledge		
PREREQUISITE COURSES:	None			
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek			
IS THE COURSE OFFERED TO ERASMUS STUDENTS	Yes.			
COURSE WEBSITE (URL)	Elearn platform			

#### (2) LEARNING OUTCOMES

#### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B
- Guidelines for writing Learning Outcomes
- Promoting free, creative and inductive thinking, in relation to the content of the
- Be able to carry out an overview of the most important sociological studies in the field of mental health.
- To recognize the psychic as a social and cultural entity.
- To recognize the importance of modern psychiatry in the social and cultural production of self.

#### **General Competences**

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and

information, with the use of the necessary technology
Adapting to new situations

Decision-making Working independently

Team work Working in an international environment Working in an interdisciplinary environment Project planning and management Respect for difference and multiculturalism Respect for the natural environment

Showing social, professional and ethical responsibility and

sensitivity to gender issues Criticism and self-criticism

Production of free, creative and inductive thinking

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Production of new research ideas

Others...

- Highlighting the importance of the epistemological distinction between psychological, social and biological and social shaping of mental illness.
- Analysis of the institution of asylum and their replacement by a community type care systems.
- Analysis of policy implications of the new treatment guidelines.
- Analysis of the mental health policy trends.

### (3) SYLLABUS

### Topics of the course:

- Social, biological and psychological: limits and correlations.
- Classical sociological theories of mental illness.
- Conceptualizations of "mental illness".
- Sociology of mental health: research areas and theoretical approaches.
- Psychiatry in Greece: 18th and 19th centuries.
- The crisis of psychiatry.
- The turn to social psychiatry.
- Community mental health.
- The Greek psychiatric reform.
- Mental illness as lived experience
- The issue of self-organization.

# (4) TEACHING and LEARNING METHODS - EVALUATION

<b>DELIVERY</b> Face-to-face, Distance learning, etc.	Face-to-face.		
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY Use of ICT in teaching, laboratory education, communication with students	Yes		
TEACHING METHODS			
The manner and methods of teaching are	Activity	Semester workload	
described in detail.	Lectures	39	
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography,	Study	60	
tutorials, placements, clinical practice, art	Analysis of 26		
workshop, interactive teaching, educational visits, project, essay writing, artistic creativity,	bibliography		
etc.			
The student's study hours for each learning activity are given as well as the hours of non-			
directed study according to the principles of			
the ECTS			
		107	
	Course total	125	
STUDENT PERFORMANCE	A final written exam, in Greek (100%).		
<b>EVALUATION</b> Description of the evaluation procedure			
Description of the evaluation procedure			
Language of evaluation, methods of			
evaluation, summative or conclusive, multiple			
choice questionnaires, short-answer questions, open-ended questions, problem solving,			
written work, essay/report, oral examination,			
public presentation, laboratory work, clinical			
examination of patient, art interpretation, other			
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.			
1			

# (5) ATTACHED BIBLIOGRAPHY

# Suggested bibliography:

- Tzanakis M., Beyond Asylum. The Community Psychiatry and the Question of Subject, Athens, Synapseis, 2008. (in Greek).
- Pilgrim D., Rogers, Sociology of mental health, Typothito, Athens, 2004 (in Greek).

# Related academic journals:

- Sociology of Mental Health
- Tetradia Psychiatrikis (in Greek)

Διεργασία 4. Εσωτερική Αξιολόγηση Αναμόρφωση του Προγράμματος Προπτυχιακών Σπουδών Υπόδειγμα Β5 ΑΔΙΠ